

GP UPDATE

What we offer at 'the Min' and how to access our services

Provider Code RBB01

www.rnhrd.nhs.uk



The Royal National Hospital for Rheumatic Diseases NHS Foundation Trust, also known as 'the Min', is a small, specialist Trust in the centre of Bath, providing a range of specialist services to adults, young people and adolescents on an inpatient, outpatient, daycase or outreach basis.

Services include:

- General and complex Rheumatology
- Neuro rehabilitation
- Chronic pain, and
- Chronic Fatigue Syndrome/ME

Diagnostic services such as:

- Upper GI endoscopy
 - Flexible Sigmoidoscopy
 - Bone Densitometry scanning
- are also provided.

The Trust attracts increasing levels of referrals from across the UK in addition to providing rheumatology and rehabilitation services for the local health community.



Dear Colleague,

Welcome to GP Update from the RNHRD. Inside, you'll find current service information and how to access our services, along with any changes to our medical staff. I hope you find this update of use.

To help us to ensure that we are providing you with the information that you need, in the format that you would like we would value any feedback that you may have. To enable us to develop this communication and ensure that it meets your requirements, please email any comments to info@rnhrd.nhs.uk or contact 01225 473439.

Regards

Dr Tim Jenkinson, Medical Director

Service Information

Please note that all referrals can be made by writing, or via choose and book if indicated below

Waiting Times: All routine GP referrals are booked within 5 weeks.

We run a weekly emergency clinic for urgent referrals which can be accessed through contact with our medical staff.

Rheumatology

Adult Rheumatology

Service	Consultant/lead	Choose & Book speciality
General Rheumatology Rheumatoid Arthritis, Inflammatory Arthritis, Osteoarthritis, Fibromyalgia	Any Dr Appointment Dr A Bhalla Dr T Jenkinson Dr E Korendowych Dr M Piper Dr R Sengupta	Rheumatology
Soft Tissue Rheumatism	Dr R Sengupta	Rheumatology
Ankylosing Spondylitis	Dr R Sengupta	Rheumatology
Connective Tissue Diseases (CTD) Lupus, Scleroderma, Sjogren's, Polymyositis, Vasculitis	Prof N McHugh Dr E Korendowych	Rheumatology
Hypermobility (+16 yrs)	Dr T Jenkinson	Rheumatology
Metabolic Bone Diseases	Dr A Bhalla	Rheumatology
Osteoporosis		Rheumatology
Paget's Disease		Rheumatology
Psoriatic Arthritis	Prof N McHugh Dr E Korendowych	Rheumatology
Sports & Exercise Medicine	Dr T Jenkinson	Rheumatology

Paediatric Rheumatology

Service	Consultant/lead	Choose & Book speciality
Adolescent Rheumatology (13-17 yrs)	Dr A Ramanan	Rheumatology
Paediatric Bone Clinic	Dr A Bhalla	Rheumatology
Paediatric Hypermobility (up to 16 yrs)	Dr A Ramanan	Rheumatology
Paediatric Rheumatology (birth-12 yrs)	Dr A Ramanan	Rheumatology

Peripheral Rheumatology Clinics

Clinics are held at Devizes, Malmesbury, Tetbury, Frome, Warminster, Paulton and Chippenham.

For information please contact Jayne Down, Outpatients Manager on: 01225 465941 ext 235

Patient Education and Coping Skills

Service	Consultant/lead	Choose & Book speciality
Rheumatoid Arthritis Education Programme	S Brown, Clinical Nurse Specialist CTD	N/A
CTD, Education Programme for Lupus & Scleroderma	S Brown, Clinical Nurse Specialist CTD	N/A
Osteoporosis	J Webb, Clinical Nurse Specialist Osteoporosis	N/A
Fibromyalgia Coping Skills Course (must have a diagnosis of Fibromyalgia)	Julie Russell, Clinical lead/ Specialist Physiotherapist	N/A

Diagnostics

Service	Consultant/lead	Choose & Book speciality
Endoscopy	Dr A Griffiths	General Medicine
Gastroscopy	Dr A Griffiths	Diagnostic Endoscopy
Flexible Sigmoidoscopy	Dr A Griffiths	General Medicine

Clinical Measurement & Imaging

Service	Consultant/lead	Choose & Book speciality
Direct Access Bone Densitometry Service	Dr A Bhalla J Webb, Clinical Nurse Specialist Osteoporosis	N/A

Neuro Rehabilitation		
Service	Consultant/lead	Choose & Book speciality
General & Neuro Rehabilitation Clinic including Acquired & Traumatic Brain Injury Assessment/Management for Adults and Adolescents (from 16 yrs), stroke, Spinal Cord Injury and Multiple Sclerosis	Dr P Carroll	Rehabilitation
Specialist Outpatient IDT therapy, assessment and treatment for Complex Neuro Rehabilitation Patients	Dr P Carroll (Pls mark referral 'IDT')	N/A
Spasticity Assessment & Management Clinic including Functional Electrical Stimulation (FES) Clinic	Dr P Carroll or direct to Ingrid Wilkinson, Specialist Physiotherapist	Rehabilitation
The above clinic operates in conjunction with local community services		
Direct Access Outpatient Physiotherapy including assessment and provision of FES, Splinting, Hydrotherapy and Neuro Physiotherapy	Ingrid Wilkinson, Specialist Physiotherapist	N/A
Direct Access Outpatient Occupational Therapy including assessment and treatment	Helen Ibbunson, Occupational Therapist/Clinical Specialist	N/A
Direct Access Outpatient Neuro-psychology (+18 yrs)	L Russell, Consultant Clinical Psychologist	N/A
Outpatient Neuro-psychology for children & young people (from 6 - 18 yrs)	Dr P Tucker, Clinical Psychologist & Chartered Psychologist	N/A
Neuro-psychology includes psychological adjustment, cognitive rehabilitation and management of mood and behavioural issues post trauma as appropriate		
Outpatient Specialist Neuro Counselling includes adjustment work, personal relationships and couples work as appropriate	D Aronson, Specialist Neuro Rehabilitation Counsellor	N/A
Direct Access Outpatient Speech & Language Therapy including Specialist Neuro Speech and Language assessment and treatment	L Maendl, Speech & Language Therapist Clinical Specialist	N/A
Any Queries regarding Neuro please contact Mary Ann Darlow, Clinical Patient Pathways Manager on 01225 473458		
Chronic Fatigue Syndrome/ME		
Service	Consultant/lead	Choose & Book speciality
Chronic Fatigue Syndrome/ME Adult	N Catchpool / A Johnson, Speciality Leads	Rehabilitation
Chronic Fatigue Syndrome/ME Paediatric (up to and inc 18 yrs)	Dr E Crawley	Children's and Adolescents' Services
Chronic Pain Management nb these are tertiary level services – all patients referred must have been to a secondary care pain clinic within the last 12 months		
Service	Consultant/lead	Choose & Book speciality
Pain Management Service for Adults (+18yrs)	Dr L McCracken Dr P Brook	Pain Management
Pain Management for Young Adults (18-30 yrs)	Dr H Connell	Pain Management
Pain Management for Adolescents (11-18 yrs)	Dr H Connell Dr J Clinch	Pain Management
Complex Regional Pain Syndrome		
Service	Consultant/lead	Choose & Book speciality
Complex Regional Pain Syndrome Adult (+18 yrs)	Prof C McCabe, Consultant Nurse. Dr P Brook	Rheumatology
Children and Young People's Complex Regional Pain Syndrome (Birth – early 20s depending on developmental stage)	Dr H Connell Dr J Clinch	N/A

**Any Queries / urgent referrals contact Jayne Down,
Outpatients Manager on 01225 465941 ext 235**

GP Update

Changes to Consultants/Medical Staff



The RNHRD is delighted to welcome Consultant in Rehabilitation Dr Paul Carroll, MB BCh BAO (UCD), MRCPI MRCPUK MRCSEd HDip, who joins the Trust to lead its Neuro Rehabilitation service. Dr Carroll completed his post graduate training in Neuro rehabilitation at Oxford, Newcastle-upon-Tyne and the East Midlands. He has an interest in cognitive/behaviour, sight problems consequent to brain injury and supporting Long Term Conditions.

Paul will be clinically leading & developing the Specialist Interdisciplinary Inpatient services and both Neuro Rehabilitation and Spasticity Management Outpatient clinics at the RNHRD. He has an interest in education and training in this speciality and is actively involved in research. He also has an interest in further development and integration of community services for Bath and the neighbouring region and would like to work more closely with GPs.

Service update: An introduction to Neuro Rehabilitation

We offer a range of specialist assessment and intensive rehabilitation, in and outpatient packages, to people with acquired brain injury and other neurological conditions at any stage of their patient journey. We aim to maximise quality of life for people with complex neurological disability and their families.

We use a goals-based approach developed in partnership with the patient, family members, carers and other professionals, where the ethos focuses on realistic needs-driven rehabilitation. The service has two consultant psychologists, a neuro counsellor and a well-staffed, expert, interdisciplinary team who offer:

- Specialist interventions
- Specialist nursing
- Spasticity management
- Functional Electrical Stimulation
- Postural management
- Communication skills
- Hydrotherapy
- Sessional Consultant neuro psychiatry,
- Ophthalmology
- Orthopaedic input.



For referral advice please contact:

Mary-Anne Darlow, Clinical Patient Pathway Manager, 01225 473 458, or mary-anne.darlow@rnhrd.nhs.uk.

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