

GP UPDATE

What we offer at 'the Min' and how to access our services

Provider Code RBB01

www.rnhrd.nhs.uk



The Royal National Hospital for Rheumatic Diseases NHS Foundation Trust, also known as 'the Min', is a small, specialist Trust in the centre of Bath, providing a range of specialist services to adults, young people and adolescents on an inpatient, outpatient, daycase or outreach basis.

Services include:

- General and complex Rheumatology
- Chronic pain
- Chronic Fatigue Syndrome/ ME
- Complex Region Pain Service

Diagnostic services such as:

- Upper GI endoscopy
- Flexible Sigmoidoscopy
- Bone Densitometry scanning



Dear Colleague,

Welcome to GP Update from the RNHRD. Inside, you'll find current service information and how to access our services. I hope you find this update of use.

To help us to ensure that we are providing you with the information that you need, in the format that you would like we would value any feedback that you may have. To enable us to develop this communication and ensure that it meets your requirements, please email any comments to info@rnhrd.nhs.uk or contact 01225 465941 ext.299.

Regards

Dr Ashok Bhalla, Medical Director

Service Information

Waiting Times: All routine GP referrals are booked within 5 weeks.

We run a weekly emergency clinic for urgent referrals which can be accessed through contact with our medical staff.

Rheumatology

Adult Rheumatology

Service	Consultant/lead	Choose & Book speciality
General Rheumatology Rheumatoid Arthritis, Inflammatory Arthritis, Osteoarthritis, Fibromyalgia, Soft Tissue Rheumatism	Any Dr Appointment Dr A Bhalla, Consultant Rheumatologist Dr T Jenkinson, Consultant Rheumatologist Dr E Korendowych, Consultant Rheumatologist Dr M Piper, Associate Specialist in rheumatology Dr R Sengupta, Consultant Rheumatologist Dr J Pauling, Consultant Rheumatologist	Rheumatology
Ankylosing Spondylitis	Dr R Sengupta, Consultant Rheumatologist	
Connective Tissue Diseases (CTD) Lupus, Scleroderma, Sjogren's, Polymyositis, Vasculitis, Myositis	Prof N McHugh, Consultant Rheumatologist Dr E Korendowych, Consultant Rheumatologist	
Hypermobility (+16 yrs)	Dr T Jenkinson, Consultant Rheumatologist	
Metabolic Bone Diseases	Dr A Bhalla, Consultant Rheumatologist	
Osteoporosis		
Paget's Disease		
Psoriatic Arthritis	Prof N McHugh, Consultant Rheumatologist Dr E Korendowych, Consultant Rheumatologist	
Sports & Exercise Medicine	Dr T Jenkinson, Consultant Rheumatologist	

Paediatric Rheumatology

Service	Consultant/lead	Choose & Book speciality
Adolescent Rheumatology (13-17 yrs)	Dr A Ramanan, Consultant Paediatric Rheumatologist	Rheumatology
Paediatric Bone Clinic	Dr A Bhalla, Consultant Rheumatology	
Paediatric Hypermobility (up to 16 yrs)	Dr A Ramanan, Consultant Paediatric Rheumatologist	
Paediatric Rheumatology (birth-12 yrs)	Dr A Ramanan, Consultant Paediatric Rheumatologist	

Peripheral Rheumatology Clinics

Clinics are held at Devizes, Malmesbury, Tetbury, Frome, Warminster, Paulton and Chippenham.
For more information please contact Jayne Down, Outpatient Manager on: 01225 465941 ext 235.

Patient Education and Coping Skills

Service	Consultant/lead	Choose & Book speciality
Rheumatoid Arthritis Education Programme	N Waldron, Rheumatology Nurse Specialist	N/A
CTD, Education Programme for Lupus & Scleroderma	S Brown, Consultant Clinical Nurse Specialist CTD	
Osteoporosis	J Webb, Clinical Nurse Specialist Osteoporosis	
Fibromyalgia Coping Skills Course (must have a diagnosis of Fibromyalgia)	J Russell, Clinical lead/Specialist Physiotherapist S Derham, Clinical Specialist OT	

Diagnostics

Service	Consultant/lead	Choose & Book speciality
Endoscopy	Dr A Griffiths, Consultant Gastroenterologist	General Medicine
Gastrosocopy		Diagnostic Endoscopy
Flexible Sigmoidoscopy		General Medicine

Clinical Measurement & Imaging

Service	Consultant/lead	Choose & Book speciality
Direct Access Bone Densitometry Service	Dr A Bhalla, Consultant Rheumatologist J Webb, Clinical Nurse Specialist Osteoporosis	N/A

Chronic Fatigue Syndrome/ME		
Service	Consultant/lead	Choose & Book speciality
Chronic Fatigue Syndrome/ME Adult	N Catchpool / A Johnson Clinical Lead/Occupational Therapist	Rehabilitation
Macmillan Step Up Service—For cancer related fatigue	N Catchpool/A Johnson Clinical Lead/Consultant Occupational Therapist	N/A
Chronic Fatigue Syndrome/ME Paediatric (up to and inc 18 yrs)	Dr E Crawley, Consultant Paediatrician	Children's and Adolescents' Services

Complex Regional Pain Syndrome		
Service	Consultant/lead	Choose & Book speciality
Complex Regional Pain Syndrome Adult (+18 yrs)	Prof C McCabe, Consultant Nurse Dr P Brook, Consultant in Pain Management Dr A Bhalla, Consultant Rheumatologist	Rheumatology
Children and Young People's Complex Regional Pain Syndrome (Birth – early 20s depending on developmental stage)	Dr H Connell, Consultant Clinical Psychologist Dr J Clinch, Consultant Paediatric Rheumatologist	N/A

Chronic Pain Management nb these are tertiary level services – all patients referred must have been to a secondary care pain clinic within the last 12 months		
Service	Consultant/lead	Choose & Book speciality
Pain Management Service for Adults (+18yrs)	Dr P Brook, Consultant in Pain Management	Pain Management
Pain Management for Young Adults (18-30 yrs)	Dr H Connell, Consultant Clinical Psychologist	
Pain Management for Adolescents (11-18 yrs)	Dr H Connell, Consultant Clinical Psychologist Dr J Clinch, Consultant Paediatric Rheumatologist	

For any queries regarding the Pain Management or CRPS Services please contact Lisa Self 01225 473427

Service	Consultant/lead	Choose & Book speciality
Breast Radiation Injury Rehabilitation Service	Dr Peter Brook, Consultant in Pain Management Medical Lead Referrals to Prof Candy McCabe, Consultant Nurse	Breast Radiation Injury Rehabilitation Service.

GP Update

Re-provision of Neuro Rehabilitation Services

Due to changes in patterns of care the Neuro Rehabilitation service at the RNHRD has experienced a decline in referrals over the last 2 years and a 50% drop in income as patients are increasingly treated closer to home and in other settings. After a careful period of assessment the RNHRD Board has concluded the service is no longer financially viable at the Min and has agreed to cease providing an inpatient and outpatient Neuro Rehabilitation service from March 31st 2013.

The commissioners at the South of England Specialised Commissioning Group (South WestTeam) and NHS B&NES and Wiltshire are working together to identify and consult upon options for how this service can be re-provided. The views of patients, carers and clinicians are being taken into account as part of the process.

New GP Advice Line for Specialist Rheumatology Advice

From Monday February 11th GP's can use our new rheumatology advice line. This is available exclusively to GPs and will provide a direct line to specialist rheumatology advice.

Available weekdays from 11am –1pm

(On some occasions when it is not possible to staff the line callers will be redirected)

07747 630875

Macmillan Step Up Fatigue and Lifestyle Management Service

The Macmillan Step Up Service launched in November 2012, providing programmes for people with enduring cancer related fatigue, following completion of primary cancer treatments. Macmillan is excited to support this unique service which addresses the self-management priorities set out by the National Cancer Survivorship Initiative.

Patients who are referred to the service may be offered a place on an outpatient, lifestyle management programme and/or individual appointments with members of the interdisciplinary team (Occupational Therapy, Clinical Psychology and Physiotherapy). Interventions may include vocational rehabilitation or support to access education if appropriate. Initial feedback from the service users is encouraging: "I came to Macmillan Step Up Service struggling with debilitating effects of cancer related fatigue. It has been a great relief to talk to someone who recognises the condition and is able to help. I now have a plan to improve my quality of life." (Step Up Service User 2013).

Please use the contact listings on the previous page if you would like to know more.

The Step Up Service has received funding from Macmillan, on-going from the next 2 years. During this period there is no cost to referrers.

Breast Radiation Injury Rehabilitation Service.

The RNHRD now offers a highly specialised national service to assist men and women who are experiencing pain due to Brachial plexus injury following radiotherapy for breast cancer—sometimes known as Late Effects. Individuals with neuropathic pain attend a 2 day MDT clinic which includes Consultant Pain management, Oncology, Respiratory Physician, Rheumatology, as well as Physiotherapy, Occupational Therapy and Psychology. Inpatient rehabilitation is available on a case by case basis. Our goal is to deliver improvement in pain and in quality of life for this rare condition. The service is funded by NSCT and does not require local funding.

Please use the contact listings on the previous page if you would like to know more.

Endoscopy Service Update

A reminder that the Diagnostic Endoscopy Unit is accepting referrals for Endoscopy and Flexible Sigmoidoscopy as usual. Please refer to Dr A Griffiths or via choose and book. The current waiting time is 2 weeks.

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