

Smoke Free Environment

Smoke-free

Please note we are a smoke-free environment. Our hospital buildings and grounds are all smoke-free to protect and improve the health of patients, visitors and staff. If you would like help to stop smoking you can go to <http://www.nhs.uk/smokefree>

For further information about our smoke-free policy please contact Patient Advice and Liaison Service (PALS) by telephoning 01225 473424 or email PALS@rnhrd.nhs.uk

Guidelines for patients staying in the hospital

While we do not encourage smoking and promote a smoke-free environment we do respect that some patients will still wish to smoke. In these instances, patients are requested to abide by the following code and to ensure that they keep themselves safe when off the hospital site. We also ask you to consider the implications of your actions on other patients and staff.

- Stand well clear of the main doors of the hospital. This allows patients, staff and visitors easy access to the hospital along with ambulances and hospital deliveries. Keeping away from the doors also protects people using the hospital from secondary smoke.
- We request that you do not stand directly outside the hospital building to smoke.
- Wear day clothes when outside the hospital buildings and grounds.
- Be aware that you are no longer on hospital grounds and instead are within a city centre environment. Be safety-aware. We suggest, for example, that you do not go out in the dark or alone.
- Please note that between the hours of 21.30 and 07.00 the outside doors are locked and you are not able to go outside to smoke during this time.
- Prepare yourself to be unable to smoke during the hours of 21:30 and 07:00. Bring nicotine replacement therapy products with you or talk to our pharmacist about getting these on prescription during your stay. Please note that you cannot smoke e-cigarettes in the hospital's buildings.

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